

VFR Pilot Log	26/06/2009 15:45Z	COMMANDER:	FOB: 50 L
REG:	TACHO ST:	OFF BLOCKS:	TAKEOFF:
CALLSIGN:	TACHO END:	ON BLOCKS:	LANDING:

Notes: TOTAL DIST = 110NM

ROUTING	TYPE	ALT MSA	TAS WIND	GS	TRKT TRKM	HDG	DIST DTGO	ZTIME CTIME	ETA ATA	FUELREQ FUELREM	ACTUAL FUELREM
EGNJ	A/D		090	91	111	120	7	04m	15:49Z	0.7	
LACEBY CROSSROADS	VRP		210/10		113		103	04m		49.3	
LACEBY CROSSROADS	VRP		090	82	245	243	5	03m	15:53Z	0.5	
CAISTOR	VRP		210/10		247		98	08m		48.8	
CAISTOR	VRP		090	90	300	296	7	04m	15:57Z	0.7	
BRIGG	VRP		210/10		302		91	12m		48.2	
BRIGG	VRP		090	80	214	215	13	09m	16:07Z	1.5	
EGCS	A/D		210/10		216		78	22m		46.7	
EGCS	A/D		090	77	264	264	9	06m	16:14Z	1.0	
Daneshill Lakes	VRP		250/13		267		69	29m		45.7	
Daneshill Lakes	VRP		090	90	341	335	7	04m	16:19Z	0.7	
FNY UK	NDB		250/13		343		62	34m		45.0	
FNY UK	NDB		090	88	334	328	7	04m	16:24Z	0.7	
Thorpe Marsh Power Station	VRP		250/13		337		55	39m		44.3	
Thorpe Marsh Power Station	VRP		090	90	341	335	13	08m	16:32Z	1.3	
SBL UK	NDB		250/13		344		42	47m		43.0	
SBL UK	NDB		240	249	115	120	13	03m	16:35Z	0.5	
Goole Docks	VRP		250/13		118		29	50m		42.5	
Goole Docks	VRP		240	264	081	084	11	02m	16:38Z	0.3	
BV UK	NDB		250/25		083		18	53m		42.2	
BV UK	NDB		240	215	243	245	14	03m	16:42Z	0.5	
EGCP	A/D		250/25		245		4	57m		41.7	
EGCP	A/D		240	243	147	156	4	00m	16:43Z	0.0	

EGCF	A/D		250/25		150		0	58m		41.7	
STATION					FREQ		CALLSIGN			TYPE	
EGNJ - HUMBERSIDE INTL					119.125		HUMBERSIDE APP			APP	
					121.6		HUMBERSIDE FIRE			FIRE	
					124.125		HUMBERSIDE INFO			ATIS	
					119.125		HUMBERSIDE RDR			RDR	
					124.9		HUMBERSIDE TWR			TWR	
EGCF - SANDTOFT					130.425		SANDTOFT RADIO			A/G	
NAVAID					FREQ						
FNY - DONCASTER					338						
SBL - SHERBURN-IN-ELMET					323						
BV - BROUGH					372						